## GO GREEN EAT RESPONSIBLY



- SUPPORT LOCAL
  - Shorter distance requires less transport fuels... and less chemicals needed to keep food fresh
- 2 EAT LESS MEAT

  Meat production is very resources-intensive

  - 3 EAT SUSTAINABLE FISH

Many wild fish stocks are at the risk of disappearing entirely

- CHOOSE ORGANIC
  - Less use of fertilizers and pesticides protects the environment and your health!
  - 5 AVOID PACKAGING
    - Packaging requires energy and resources just to end up in the trash



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